



VOL. XXXVI NO 6

BROADMEAD, COCKEYSVILLE, MD

February, 2015

Rounding Out Executive Team...

New Financial and Operating Officers Named

By Jackie Mintz and Marcia Reinke

The appointments of John Palkovitz and Robin Somers, announced by CEO John Howl, have rounded out Broadmead's senior management Executive Team.

Somers, 55, who will assume her new duties February 9, succeeds Tom Mondloch as Chief Operating Officer (COO), a position which has been open for several months. When the CEO is away from campus, the COO is in charge..



Palkovitz

Palkovitz, 51, who has been at Broadmead in an interim capacity since late 2014, has now been named as the permanent Chief Financial Officer (CFO), replacing Pat Gordon who resigned in October.

Somers, who will report directly to Howl, will oversee and coordinate all of Broadmead's operational departments, including Residential Services, Healthcare Services, the Outpatient Department, Social Work, Food Service and Environmental Services (Housekeeping, Maintenance and Grounds). Palkovitz, who will also report directly to Howl, will be in charge of all Broadmead financial operations, including but not limited to accounting, budgeting and information technology.

Marketing and Human Resources will continue reporting directly to Howl.

Both newcomers have extensive experience in senior care and working with Continuing Care Retirement Communities.

For the past nine years Palkowitz has served as Vice President of Financial Services for Diakon Lutheran Social Ministries, which operates nine CCRCs in Pennsylvania and Maryland. Somers

comes from the Fairhaven Retirement Community in Sykesville, where she has been

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Inside...

Associate Member Program

to Be Reexamined ***Page 3***

New Year Celebrated ***Page 6***

MLK Birthday Observed ***Page 10***

BRRR! Although in mid-January the shores of Lake Maybe were covered with snow, Voice photographer Erroll Hay spotted the hooded mergansers on the masthead paddling happily about in a section of unfrozen water.

Monday Book Group

Auditorium, Mondays 10:30 a.m.

February 2 I Am Malala

by Malala Yousafzai

March 2 The Book Thief

by Markus Zusak

April 6 What Makes Olga Run

by Bruce Grieson

May 4 Catcher in the Rye

by J.D. Salinger

June 1 A Separate Peace

by John Knowles

July 6 Heartburn

by Nora Ephron

August 3 Being Mortal

by Atul Gawande

EDITORIAL POLICY

THE VOICE is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry feature articles, essays and poems written by residents and staff, of interest to Broadmead residents, plus material assigned by the editors. As its major goal is to promote a sense of community, THE VOICE does not publish criticism of individuals or of the three organizational bodies that comprise Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. THE VOICE does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion. As a general rule THE VOICE will not publish submissions from outside media due to space limitations and possible copyright problems. All submissions must be signed. The decision of the Editorial Board in regard to publication shall be final. Those submitting articles should retain copies as submissions will not be returned.

We must have all submissions by the 12th of the prior month. As we want articles not to run over one page, copy should not exceed 400 words in length. All copy is subject to editing and cutting. All submissions should be typed and, if possible, sent by email attachment to voice@broadmeadra.org, with a hard copy in THE VOICE box opposite the copy machine in the BRA office.

Who Let This Guy In?



Was he properly vetted for health and financial eligibility? Seems not. Despite help from the cane, glasses, a warm scarf and hat, he barely made it past noon and never got to the nearest Center doorway on the upper level near the main desk. No one has claimed responsibility for his death, which occurred January 22, the same day as his birth. *Spotted by Elborg Forster who alerted Erroll Hay.*

Country Store

Valentine's Day is February 14

Cards are available

Sweaters, Jewelry

Drop in and Take a Look

Monday to Friday, 10 a.m.- 2 p.m.

Saturday 11 a.m.-1 p.m.

Cash and checks accepted. All profits to Broadmead Residents Association

Trustees Expected to Look at Associate Program

Best Restaurant Deal in Town? Facilities Way Cheaper Than MAC?

By Marcia Reinke

Is the Broadmead Associate Member program benefitting our community financially? as a marketing tool? as a way of meeting community and outreach goals?

These questions were discussed by members of the Resident Marketing Advisory Committee on January 22, and are expected to be analyzed shortly by the Broadmead Trustees.

That the program is popular is clear.

According to a report presented to the Committee by Director of Community Services Linda Chick, it is full to the 75 person capacity established when it was founded in 2007 and there is a substantial waiting list.

In 2014 the Associate program grossed \$22,230 of which \$15,950 is considered profit or net. The Residents Association is given 25 percent of the net amount annually.

Chick, who administers the program, said it was originally designed for those on the priority waiting list and as an amenity for the hardworking trustees.

When Broadmead was allowed up to nine rental units, renters automatically became associate members. Criteria now include being age 55 or older, living within a five-mile radius, and paying an annual membership fee of \$25, plus a \$125 fee twice a year for use of Broadmead activities and amenities.

According to a brochure promoting the program, these include use of the pool, wellness and fitness classes, the beauty salon, the libraries, brain aerobics, yoga, Qi Gong, lectures and concerts.

Also the Writers' group, book discussions, Let's Dance, Let's Sing, movies, bridge, bingo, art classes, the Bird and Nature group and the Camera Club.

Outdoors, Associates have access to the nature trails and may rent Holly House for special functions. Also allowed is a medical relationship with Broadmead's primary care services through our outpatient clinic,

including flu shots, annual physicals and lab services.

Calendars are e-mailed to Associates monthly to notify them of regular and special events.

Especially questioned by Marketing Advisory Committee members is a provision that Associate members may have use of all three Broadmead dining rooms at resident, not guest, rates. Several said they'd heard Associates say Broadmead provided the "best restaurant deal in town," a deal that some take advantage of several times a week.

It was also noted that the cost of using our athletic facilities is "way cheaper than the MAC (Maryland Athletic Club.)"

Vice President of Marketing Kristy Krueger said she did not have figures to determine how many Associates over the years eventually moved in as residents. She cited two or three since her arrival last year. She expressed concern that persons who are actively interested in moving to Broadmead are stuck on a waiting list for Associate membership, while others who have no move-in interest remain Associate members. She suggested a "term limit" of perhaps a year for membership.

Questioned on whether Associates in the past have ever been vetted on their financial and health eligibility to move in, she said to her knowledge "no." Several committee members noted that some Associates they know have no intention or interest in ever moving in. They are just enjoying our facilities now.

According to Krueger, CEO John Howl said that the Trustees will be looking at the program not just for whether it makes financial or marketing sense but also in connection with whether it helps meet Broadmead's community outreach and diversity goals.

Know Your Neighbors

Wear Name Tags

February 1, 2 and 3

New Officers Named -- from Page one

serving as Senior Executive Director after serving as Executive Director.

Somers, backed by two decades of wide-ranging experience at CCRCs, is undaunted by the span of her responsibilities, but says she will be looking to John (Howl) to indicate what priorities to focus on first. She confesses to an enthusiasm for landscaping and the aesthetic appearance of the grounds. To her the visual impression that residents and guests have as they enter the grounds is important, and she wants residents to be proud of how the place looks.

Prior to Fairhaven, Somers, who is a graduate of the University of Maryland, held various positions at Keswick Multi-care Center, as the Administrator for Assisted Living and Medical Adult Day Services, as well as Nursing Home Administrator and Director of Purchasing.

Because of her Fairhaven experience, she is accustomed to working with a resident association responsible for resident activities. At Fairhaven, she established the practice of meeting once a year with the incoming chairs of the resident association committees to learn about their plans, resources and needs.

An area in which her prior experience will be of value is adult day services, a possibility occasionally mentioned for Broadmead's future. Asked about this, Somers responded she would support such a move, explaining that as the population ages, there will be an increasing number of people who want to stay in their homes but will seek facilities for day-time activities.

An unanticipated but welcome bonus to Broadmead of Somer's appointment will be her husband, Anthony, with whom she lives in Eldersburg. Becoming involved in his wife's activities at Fairhaven after his retirement a couple of years ago from the computer services company that he founded, Anthony ended up serving as an informal adviser to residents there on computer matters. Somers wondered whether he was perhaps better known to the residents and even more warmly regarded than she. Plots are being hatched to lure him into consulting for the IT Committee.

The Somers have four grown children and two grandchildren.

Palkovitz lives in Mechanicsburg, PA, where he was born and attended high school. A graduate of

Drexel University in Philadelphia with a B.S. in Accounting, he is a Licensed Certified Public Accountant (CPA) and a Chartered Global Management Accountant.

Prior to his time at Diakon, Palkovitz spent 19 years in public accounting, auditing and advisory services with KPMG, Ernst and Young, and Coopers & Lybrand, generally concentrating on not-for-profit clients involved in health care and retirement communities.

While he was with the Baltimore office of Coopers & Lybrand, he and his family lived in Parkton. He and wife Theresa have one son, Michael, now a college student, and two cocker spaniels.

He intends to stay in Mechanicsburg, a suburb of Harrisburg, which he says is "a straight shot right down Route 83." Since his prior jobs often required him to be continually on the road, he believes the commute will be relatively easy.

Palkovitz said he is happy to be at Broadmead with its "active, vibrant and educated residents, many of whom have had outstanding careers." Much of his earlier work has been with large multi-site corporations with large Medicaid populations.

He also looks forward to working in a state with strong Department of Aging regulations, unlike Pennsylvania. He believes Maryland CCRCs have been very successful due to their being in "one of the most highly regulated states."

"There may be long approval processes here," he said. "But at least we know what the rules are."

Trips Committee

G. Krug Blacksmith Shop

Thursday, February 12

Sign-up by February 5 Cost \$16

Arrangements: Rhett Murphy

Visit to George Peabody Library

Guided tour of Rare Book Room

Sign-up sheet to be posted February 5

Arrangements: Lynn Jones

Goodbye to Two Special Favorites



We wish them well in their future endeavors but it's hard to say "Goodbye." Ana Straw, in the white coat in the picture at left, and Jody Tromble, at far right, were both feted at farewell parties following their resignations last month. Ana, a well-loved nurse practitioner in the Outpatient Department, will be pursuing her long-term passion of assisting patients and their families during their final stages of life by joining a palliative care team at Franklin Square Hospital. Jody, long-time Director of Wellness, has accepted a position with Jewish Community Services as a Memory Care Coordinator. With Ana above are Anne and Bob Daly and with Jody is Nancy-Bets Hay.

Photos by Erroll Hay

Broadmead Is Launching New Corporate Website

Vice President of Marketing Kristy Krueger told members of the Resident Advisory Marketing Committee recently that she expected the new Broadmead Inc. website would be up and running by February 1.

The revised site will run with a new software program, specifically designed to make updating easy.

Several staff members are being trained to handle the updates.

The site will contain information about Broadmead for marketing purposes, including garden apartment floor plans. It will also advertise staff openings and much else..

So check it out at www.broadmead.org.

BRA Healthcare Lecture

Tuesday, February 17
10:30 a.m. Auditorium

Depression, the Black Dog

A presentation by
Dr. William Breakey, psychiatrist
(Broadmead resident)

Beginning with the April issue the *Voice of the Residents* will no longer be sent copies by mail. Mail recipients who want to continue receiving should send a request along with an e-mail address to voice@broadmeadra.org.

Please note the "ra" at the end of Broadmead. It distinguishes the Residents Association address from that of Broadmead Inc.

Residents Celebrate New Year's Eve in Style...until maybe 10:30.



The Frank and Friends three-piece band played all the old favorites and, of course, Auld Lang Syne (to a few tearful eyes) for the Residents Association's annual New Year's Eve party. Dancing at right are Bob and Elborg Forster.

Photos by Erroll Hay and Jackie Mintz

Text by Marcia Reinke

Balloons, fancy hats, noise makers, bright tablecloths and "Welcome to 2015" signs decorated the auditorium as residents gathered for the Residents Association's annual New Year's Eve Party.

Bob Davies presented his annual powerpoint guessing game, this time of holiday window displays. Ruth Williams again entertained with her comic poems about life at Broadmead and Harry Butcher distributed the cookie pieces and crumbs after demolishing his daughter's annual gingerbread house.

Food Service provided a lavish display of cocktail-type party foods and soft drinks while residents desiring stronger libations brought their own champagne and other drinks.

Chairing what he said is his final New Year's celebration after years as organizer, joke teller and emcee was Jonas Rappeport. Frank Iber handled the audio-visuals and Katie Smith represented Food Service on the Committee.

Also serving on the committee were Bernie and Kitty Anderson, Mike Bielefeld and Ginny Hoefner, Sally Bloomer, Howard Garber, Max Greenland, John Robbins and Alma Smith.



Harry Butcher continued the tradition of demolishing the gingerbread house made by daughter Catherine and dividing scraps among the revelers.



Colorful tables, festooned with balloons and supplied with noisemakers, filled the auditorium and lounge except for the dance floor where many danced to old-time favorites and fewer in a conga line and the Paul Jones. Watching and learning at right is Howard Garber, who has agreed to chair the event next year.



Art Therapy Comes to Broadmead

By Nancy Allchin

Residents of Hallowell Hall cluster have been participating in Art Therapy since last fall under the direction of Elizabeth Shaner, a certified art therapist.

The aim of this program is to have its participants express their thoughts and feelings through the process of creating art.

Expressing themselves through art also gives participants the pleasure of being engaged, socializing with others, improving memory and communication skills, thereby increasing their physical and emotional well-being.

This is not an arts and crafts class. It requires no talent. The process of making the art is important, not the final product.

Elizabeth follows each participant's progress through her notes and observations. Her LCPAT (Licensed Clinical Professional Art Therapist) certification was earned after a B.A. in Art with a psychology minor, and a Master's Degree in her field.

This program, as well as the successful Music Therapy program, is made possible by

the Bruck Fund for Special Needs. Gabriele Bruck, a former Broadmead resident, established the fund and it was endowed upon her death in 1998. Its purpose is to enrich the lives of residents living on the health care floors. Betty Shaughnessy is program manager and coordinates both of these therapies.

Art Therapy happens on Tuesdays, 2:30-4:30 p.m., and Thursdays, 1:30-3:30 p.m., in the Hallowell activities room, except when the therapist conducts a one-on-one session with a resident. Volunteers assist in the group classes. At present Jan York, Florence Platt and Lynn Jones volunteer. If you are interested you may call Betty Shaughnessy (443-578-8059).

Bird and Nature

Friday, February 27

1:30 p.m.

Seminar Room on Lower Level

All are welcome

Jerry Glowacki Adds Name to Roll of Doctors at Broadmead

By Park Espenschade

A recent arrival, Jerry Glowacki braved what Broadmead calls cold and snow to speak to the Saturday Men's Social about his 40+ years as an obstetrical and gynecological specialist. He's a native of Syracuse, which he calls "the snow capital of New York."

Jerry attended Catholic primary and secondary schools and graduated from LeMoyne College in Syracuse with a degree in the physical sciences. Although his heart was set on attending Johns Hopkins School of Medicine, he was eventually dissuaded by his uncle ("an offer I couldn't resist - a Chevrolet convertible") and attended Upstate Medical School in New York as one of the first Regents scholarship recipients.

He did get to Hopkins after all, where he did his residency training, surviving two "cuts" and becoming one of two chief residents. He remembers Hopkins as still segregated at the time. The infamous "black" and "white" signs came down on December 3, 1963.

Subsequently he went into the Army and managed to be assigned to Aberdeen Proving Ground and Kirk Army Hospital, crossing paths, albeit unbeknownst to him, with Dave Gilbert and Fred Meise. How he managed a Stateside billet, thereby avoiding the Vietnam quagmire remains a bit of a mystery. While at Kirk he managed to establish a separate on-call list for the OB-GYN personnel (no small accomplishment) and soon found himself *de facto* skipper, his nominal CO having returned from Vietnam "worn out."

Jerry remembers the "orders of the day": "If I hear nothing bad today, you will hear nothing bad tomorrow."

Returning to civilian life, Jerry was selected to be chief of service at the old Franklin Square Hospital. Shortly thereafter he found himself at a new location thanks to the Tawes Commission, which encouraged a decentralization of the downtown Baltimore hospitals. GBMC was formed at about the same time and Sinai was moved to the Pimlico area.

He took the OB-GYN program, then on probation, turning it around and remained chief of service for 30 years until retirement. Jerry and his wife, who accompanied him to Broadmead, lived in the Glen Arm region for some 40 years before coming here. They have two sons, one daughter and two grandchildren.

Broadmead Residents Association Concert Series

Wednesday, February 25
7 p.m. Auditorium

Divisio - Medieval and Traditional Music



Bobbie Kottler, Broadmead resident and former English teacher at Ridgeley Junior High, was recently visited by Fred Frey, who was her student at Ridgeley in 1965. They both enjoyed an evening of guitar music in Hallowell West, supervised by resident Cliff York. Photo by Sally Bloomer

It Update...

iPad Training Workshops Now Underway



The Thursday afternoon iPad workshop, above, which held its first session in the Seminar Room on January 22, is one of three now underway.

Once the BRA Directors approved funding for the program in mid-December, events moved quickly. Registration forms for the iPad workshops were sent out during the last week of December and by December 31, all three sections were filled, with ten persons on a wait list.

Twelve volunteer trainers were enlisted, and on January 8 an all-day training session was conducted for trainers by Generation Connect's Michael Potteiger.

Trainers then met with class participants to set up their iPads. Workshops began January 20-22, and will continue for 12 weeks through April 9. *Photo by Erroll Hay*

System Problems Plague Center March Goal for WiFi in Clusters

By Jackie Mintz

In December, a power outage and the failure of backup power to perform as anticipated caused a shutdown of some technology equipment, resulting in the network's being unavailable for the dining services point-of-sale system and general business operations.

Certain other services, including phone and key systems, and voicemail and email, were also interrupted. Trouble-shooting took most of December but all services and data were recovered.

In early January, construction of a new server room was completed and some old equipment replaced. According to Shane Ladner, Director of Information Technology, these steps will help limit the risk of such a large occurrence in the future.

Because of the shutdown, both Shane and Leonard House have been preoccupied with problems at the Center and have been less available to tend to resident requests. CFO John Palkovitz has asked patience of residents.

Likewise, a backlog resulted in the accounting department, and some medical bills were not promptly paid. The department has been working through the backlog and all bills were expected to be paid by February 1.

A wander management system, to prevent memory care residents from wandering, will be fully implemented by the end of March.

The cables for WiFi in the clusters were installed by the end of January. Training for residents will occur in March, with full accessibility expected by the end of March.

In the meantime, residents can continue to use WiFi in the Center. To do so, they can sign-on to the GUEST network.

Answer to Geography Quiz on Page 16.
It's a transmitter located on the roof of D-7. Like similar transmitters on other roofs it is part of the new WiFi system.



Moving Musical Event Celebrates Martin Luther King's Life and Birthday

Huber Memorial Church's Gospel Choir, pastor and other musicians come to Broadmead. Receive Standing Ovations

Marla McKenney received rounds of applause for her interpretations of *My Tribute* and *Precious Lord*



Devon Mercer singing *Make Them Hear You*.



Invited to participate by Bernard Queen, resident Mary Agnes Evans sang *Summertime* to the obvious delight of residents and the Huber Memorial performers.

Photos by Erroll Hay. Text by Marcia Reinke

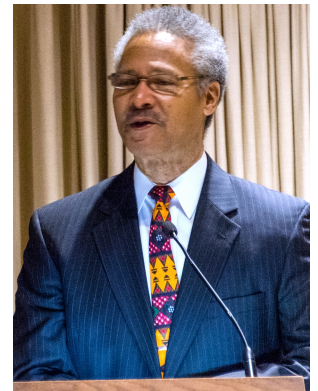
"Wow," may not be the most sophisticated epithet to describe a musical performance, but it's the first word which came to mind following the Martin Luther King Day observance here.

Featured were the Grand Gospel Choir of Baltimore's Huber Memorial Church and its pastor, P. M. Smith, plus an array of other accomplished vocalists and pianists, all with impressive advanced degrees from the Peabody Institute of Johns Hopkins University and other music schools

Arrangements for the event were made by the Multicultural Committee and by Broadmead's Director of Food Services Bernard Queen, whose staff put together a lavish holiday meal preceding the performance.

And among those having the best time was Food Service's Jasmine Scott who could be seen rocking, dancing and mouthing the words.

Pastor P.M. Smith, a lawyer turned preacher, gave a sermon on "Relationships" while Broadmead CEO John Howl emceed. Among the performers were Broadmead's Mary Agnes Evans, and guests Marla McKinney, Devon Mercer, Audrey McCallum (fantastic on the piano), Randy Sellers, Kevin Carr and Gretchen Starks.



Pastor P. M. Smith



Broadmead's lounge and auditorium resounded with the voices of the Huber Memorial Grand Gospel Choir which presented six selections under the direction of Gregory Powell, concluding with a moving rendition of Richard Smallwood's Total Praise.

MOLST Form Is Vital. Do You Have One?

By Frank Iber M.D.

The MOLST form, and its importance for every resident, were emphasized at the January Resident Health Care Committee lecture by Dr. Barbara Carroll, Broadmead's Chief Medical Officer, and Julie Heffner, Director of Social Work.

The Medical Order for Life Sustaining Treatment (MOLST) form has been in force in Maryland since 2012. Completed, it contains a health provider's written orders, binding all health facilities in Maryland and clearly communicating a patient's wishes for hospital and other care should he/she be unable to communicate.

When filled out and signed into an order, it reflects the patient's wishes **at the time of signing**, it was explained. Should subsequent events result in a change of mind a new form may be created. Persons who are mentally competent may also orally express changed views at the time of treatment.

The MOLST form is different from a living will or advanced directive, Carroll and Heffner explained. A living will, which also indicates a

patient's wishes if unable to communicate, is accepted as guidance throughout America but is not binding. The signed MOLST is binding on all health facilities in Maryland until it is replaced by a newer version or the patient's verbal wishes.

If no forms are available when a person requires emergency care, full resuscitation is required as well as all actions to sustain life. To be sure a form is readily available, copies of signed MOLST forms should be supplied to the person designated as responsible for a person's health if incapacitated and should be placed where an emergency team picking up a patient can easily find them. The back of a front door or bedroom door, or on the refrigerator are the common places people look.

Each section of the MOLST form was reviewed at the presentation. To create a new form or change an existing one, a resident must meet with one of Broadmead's health care providers. Arrangements may be made with the Outpatient Department.

Tax Issues Lead to Revolution

by Elborg Forster

The American aversion to taxes goes back to 1756.

At that time the 13 British colonies in North America enjoyed the military protection of the motherland against the incursions of French and Indian forces on the western frontier. The British government believed that the large cost of this protection should be borne, at least in part, by the colonies.

That is not how the colonists saw it, said Edward C. Papenfuse, speaking at the first two of the current Adventures in Learning programs comparing the American and French Revolutions. Instead they coined the phrase “no taxation without representation” and resisted paying the tax increases needed.

Papenfuse, retired Archivist of the State of Maryland and a historian of the Colonial Period, explored this conflict with the British government and other tensions, including the parliament’s restriction on the western expansion of the colonists. This was done to protect the Indian lands beyond the Appalachian Mountains, for after the defeat of the French (1763) it was important to maintain peace in the Ohio Valley.

Behind these political differences lay a growing awareness on the part of most colonists, highly literate people who benefitted from a well-developed press, that they were no longer British. However, a large minority of the population – perhaps a third of 2.5 million – remained loyal to king and parliament. Most of these Loyalists eventually emigrated to other parts of the British Empire (Canada, the West Indies and England.)

Papenfuse also emphasized the revolutionaries’ alliance with the French government, which provided arms and boots on the ground, especially at Yorktown, the crowning victory of the American Revolution.

Papenfuse’s second lecture introduced the audience to a number of lesser-known individuals who commented on the events of the revolutionary era. He discussed the lives of

three loyalist families whose properties were confiscated by the new government despite the valiant efforts of the women.

He also invoked the well-known missions to Paris of Benjamin Franklin and Thomas Jefferson to enlist French support for the American Revolution. He pointed out that these two towering figures were representative of what the contemporary French essayist Crèvecoeur called “the American.”

Two lectures on the French Revolution by resident Robert Forster, Johns Hopkins professor emeritus, will treat the French Revolution.



Edward C. Papenfuse

February Open Forums

Auditorium, 7 PM

Thursday, February 12

India Changes Course

E. Ashley Wills

Retired U.S. Ambassador to
South- and Southeast Asian Countries

Thursday, February 26

Privacy in the Digital Age

(Emphasis on Seniors)

Debbie Chenoweth
Baltimore County Police

Men’s Saturday Social Hour

Auditorium/Lounge, 9:30 a.m.

February 14 Roger Kolker

February 28 Bill Breakey

Coffee - Tea - Doughnuts
Wear your name tag

Horrors of Trafficking Explored

By Marj Espenschade

For many decades human trafficking has been on the radar of Ellen Sauerbrey, a former Maryland lawmaker who served as an ambassador to the U.N. and assistant Secretary of State for the Bureau of Population, Refugees and Migration.

Throughout the world 600,000 to 800,000 modern slaves cross borders every year, she said at an Open Forum lecture related also to current topics in Broadmead's Great Decisions program.

International laws prohibit trafficking and slavery, yet billions of dollars are spent to corrupt the police, the judiciary and anyone who protests. Five to 40 million people are enslaved today, 80 percent of them women and children. According to the government's annual publication *Transportation in Persons*, there are more slaves now than at any time in history.

Sauerbrey told the story of a 13-year-old American girl who did not get along with her parents and trusted a man who promised to take her to a place where she would find a good job and be independent, like an adult. Before long she found herself a prisoner in a brothel, unable to communicate with her family or with the local authorities – which might not have cared anyway. Even when prostitution is legal and regulated, trafficked victims are often unable to escape.

Being sold into prostitution is the most common form of slavery, but some children are also forced to become "child soldiers," or to make bricks and rugs. Worse yet, they are maimed to arouse pity when begging for their master. Adults are forced into migrant farm labor, industrial or house work, she said.

In high stress areas where there is little hope, "recruiters" will gather up desperate individuals. In Moldova 25 percent of the women have gone with them, thinking that they would be able to send money back to their families. Refugee camps are particularly fertile grounds for recruiting. Slaves from Southeast Asia, Latin America and the former Soviet Union are much in demand in the EU and the

USA. With their papers taken and not speaking the language, the victims must fear being deported and having their families harmed by the traffickers, she said..

What can be done about this?

Bringing the dismal facts to the public's attention is one important step, she said. Also our government has set up refugee and skill-training centers for victims where it is to be hoped they will recover from the trauma and learn to support themselves with a skill.

Some cannot return home because the family is shamed and "honor killings" follow, she said. Sanctions may be applied against a country that does not try to stop this trade. But fundamentally, it is a matter of ending the demand for prostitutes and cheap labor.

In Baltimore there is a "first step" residency program to help heal the physical and mental wounds of being trafficked. Named "The Samaritan Woman," it is located in Baltimore near Catonsville and cares for some 14 women sent by the police or the courts for about two months. After this first phase the victims are transferred to another location for more healing and skill training for up to two years.

Ellen Sauerbrey asked that the honorarium for her lecture at Broadmead be sent to "The Samaritan Woman," where it will be matched.



Ellen Sauerbrey

There Are Just Too Many...

Voice Highlights from the Past

Researched by the Voice Staff

Edited by Elborg Forster

In anticipation of the 35th birthday of the Voice and in celebration of its 35 years of uninterrupted publication, the Editorial Board decided a year ago to produce a big anniversary issue in October, 2014, highlighting production changes and top stories over the years

We thought a 24-page issue would do.

Bernie Anderson was assigned to the production story, which appeared as planned along with a list of the managing editors who served. Staff members were each assigned to review and summarize five years of issues that Associate Editor Elborg Forster was to edit.

That's when the trouble began.

In came the summaries, some of them 1,000 or more words in length - a 1000 words will consume at least three pages - along with complaints that picking out highlights was a very time-consuming and ultimately futile endeavor.

After all, the Voice was always a good publication, but its contents did not vary much. Advertising coming events, introducing newcomers, reporting deaths, commenting on the changing seasons, publicizing residents' poetry and other creative writings were its constant features. Many were so good that one felt guilty about leaving anything out.

What to do?

The Editorial Board decided that henceforth we would mention only one or two items for each year and, for the rest, urge our readers to go to the library, located off the lounge, and dip into the bound old issues of the Voice.

At the very least we will find out that the folks who lived here before were as smart, thoughtful, generous and resourceful as we are.

So here we go, picking up from 1979-1989 in prior issues.

1990: Clarification of decision-making by decree, or vote, or consensus. Report on the devastation caused by the June 1990 flood.

1991: Poem by resident Louis Hamburger entitled *Scary Dietary*:

*Skin the chicken, skim the milk,
Don't eat liver or its ilk,
Good red meat is not the answer,
Too much beef risks colon cancer;
Eggs and butter, once so good,
Are now among the no-no food.
"How about some fish?" you say,
Stop! ... Pollution in the bay!*

1992: Swimming pool opens and is a great success. The wetland project is started in the spring, progress report in the fall.

1993: Hilary Hahn, age 12, plays a violin concert here for the third time. The listeners are stunned.

The tree committee acquires 13 seedlings of the 450-year-old Wye Oak. By now nine of these have grown into sturdy trees.

1994: *The Voice* still looks like a typescript, but has many nice, clear photographs of people, places and things.

The State Highway Administration helps celebrate the completion of the Broadmead Wetlands Project.

Cartoon of an old man in bed and a beaming nurse saying: "Good news, Mr. Grimshaw, you have been digitally enhanced from a mean old bastard into a delightful old codger."

1995: By now only some parts of the Voice still look like typescripts. Special events are announced under the title "Let me put it this way." Every issue has a quiz column entitled "The Broadmead Tattler," which includes a game seeking identifications of such Broadmead residents as a retired admiral; a former poetry consultant for the Library of Congress and an ex-president of NOW, or asks questions such as: How many pianos are in the Broadmead Center?

1996: has a serious discussion of legal issues involved in physician-aid in dying and a patient's right to reject medical treatment.

Enough already. We'll start anew with 1997, maybe next month.

Broadmead Briefs....

The first scheduled meeting of a new **Bereavement Support Group** for Broadmead residents and their families will be held in the Health and Education Room on Thursday, February 5 at 3 p.m. under the direction of **Teresa Gramling** and **Denise Smith** of the Social Work Department. To be covered are such topics as common symptoms of grief, coping with grief and loss and stages of grief. Interest and support will be greatly appreciated.

Helping to celebrate the 100th anniversary of the John Russell Pope **Baltimore Museum of Art** and to admire its new renovations were 24 Broadmead residents on a January 15 tour arranged by resident **Helen Davis**. Among those attending was **Anne Allen Dandy**, who served as a docent at the museum for 17 years, and who greatly admired the gallery setting for the famous Tiffany stained glass "Baptism of Christ."

Virginia Schurman has been asked to portray Martha Ellicott Tyson in a program entitled "Women of Faith Working for Social Justice." Sponsored by the Maryland Chapter of the National Organization for Women (NOW) and the Maryland Women's Heritage Center (MWHC), the event will be hosted by MWHC at 39 West Lexington Street, Baltimore on Sunday, March 22. Reservations are required.

The next exhibit in the Display Case will be entitled "**Why Did I Bring This to Broadmead?**" Anyone who has an item in this category, and is willing to lend it, should contact **Nancy Boyce** at 8327.

Midwinter bluebirds, happy harbingers of spring, were witnessed by Broadmead's champion birder **Anne Allen Dandy** on New Year's Day near Western Run. Labeling them "bluebirds of happiness," and exclaiming over their "bright blue shining in the sun," Anne Allen is sure they represented an optimistic beginning to 2015. She hopes many residents will turn out for the annual bird walks in a couple of months.

Broadmead buses to showings of the **Metropolitan Opera live in HD** are scheduled for a double bill of Tchaikovsky's *Iolanta* and *Bluebeard's Castle* by Bela Bartok, Saturday, February 14, 12:30 p.m.; *La Donna Del Lago* (*The Lady of the Lake*), Saturday, March 14, 1 p.m.; and *Pagliacci* and *Cavalleria Rusticana*, on Saturday, April 25 at 12:30 p.m.

East Hall Art Show Features Works by 24 Residents

By Nancy Boyce

Broadmead's active lifestyle is evident in the 24 resident artists who submitted pictures to the first art show of 2015 in the East Hall.

Stroll down the corridor to the Outpatient Department and see landscapes, still lifes, portraits of animals and people in a variety of media, from oil and watercolors to pastels and collages.

Residents who have pictures there are Liz Jackson, John Robbins, Jackie Mintz, Sandra Butzow, Beth Zimmerman, Lynn Jones, Carolyn Murphy, Joyce Lister, Jan York, Sue Baker, Phyllis Olson, Alice Christensen, Ann Stein, Nancy Boyce, Caroline Goldsmith, Joyce Griffith, Betsy Master, Edith Cleaves, Nancy Allchin, Virginia Schurman, Mary Ellen Saterlie, Bobby Siebens, and instructors Sali Thomas and Mary Jane Kusiak.

The show ends February 14.

Adventures in Learning

The American and French Revolutions Compared

Wednesday, February 4
10:30 a.m. to Noon, Auditorium

French Revolution II The War Dictatorship, 1792 - 1794

Robert Forster, Professor Emeritus
Johns Hopkins University

(This is the concluding lecture of the series)

Geography Quiz



Where Is it? What Is It? Do you have one near your home?

Answer on Page 9.

Hint Page 9 deals with Information Technology. Photo by Erroll Hay

Weight Watchers Group Forming Fifteen Participants Needed

By Ethel Landis

There is a dedicated group of people who want to start a Weight Watchers group at Broadmead.

The group would meet once a week for weigh-in and encouragement. As soon as we have 15 people we can start.

Right now we have 10.

If you are interested in an understanding support group who will encourage you to loose that fluffiness, contact Ethel Landis at 410-916-6029 as soon as possible.

Upstairs Crowd Has No Excuse to Be Bored

By Bea Post

Residents in Assisted Living on Taylor Hall on the third floor and in Nursing on the second floor enjoy many activities throughout each month.

Routinely there is Music Therapy weekly on Hallowell.

The Garden Series continues on Tuesdays.

Travel Log time is Friday afternoon in the Taylor Great Hall. Brain Aerobics takes place there weekly as well.

Word games and crossword puzzles are worked on bi-weekly in the Taylor kitchen lounge.

Pamper Me Hour (manicures) occurs monthly, sponsored by the Bruck Fund.

Movies are shown on Sundays and Thursdays on Taylor Hall.

Occasional bus trips to local destinations are always being planned.

There is one nice party every month to celebrate birthdays.

Everyone is welcome to comment and make suggestions.

Camera Club Meeting

Monday, February 16 10:30 a.m.
Seminar Room or Fireplace Room
**Shots of people. Possibilities include
head shots, portraits, *in situ***

Let's Dance

Monday February 9
7 p.m. Auditorium



LET'S SING

Monday, February 16

7 p.m. Lounge
All are welcome.

MaCCRA Day in Annapolis Scheduled for March 5

By Marcia Reinke

Members of the Maryland Continuing Care Residents Association (MaCCRA) from all over the state will gather in Annapolis on Thursday, March 5, to meet with and lobby state legislators on bills of interest to seniors, especially those in retirement homes.

In a recent communication to the 14 MaCCRA chapters, Broadmead resident and state president Jonas Rappeport, pointed out that the "first year of a new four-year term is a critically important opportunity to attend and introduce MaCCRA to the new legislators and reinforce relationships with returning legislators. Let's build on the success of last year's MaCCRA Day and make this the biggest and best yet," he said.

MaCCRA members will meet in Room 180, the Baltimore County Delegation Room, in the House Office Building from 10:30 a.m. - 12:30 p.m. Sign-up sheets for Broadmead residents will be posted shortly. Transportation is still being arranged.

Rappeport also announced that he has received word that State Senator Delores Kelley will sponsor a bill for this session that will require regular actuarial studies of CCRCs with Type C contracts. Those with Type A contracts, like Broadmead, already conduct such studies. This legislation has been a MaCCRA priority for a number of years.

Rappeport has also advised the Broadmead and other chapters that new Governor Larry Hogan has appointed Rona Kramer as the new Secretary of the Department on Aging. He said she is described as "a conservative democrat," served in the Maryland Senate in the early 2000s and is from a political family.

A team of MaCCRA officers and the legislative committee will be working with legislative liaison Barbara Brocato in learning about the new climate in Annapolis, he said.

Rappeport, State Secretary Alma Smith and local MaCCRA officers Marcia Reinke and Kitty Stierhoff recently met with Broadmead's newly elected delegate Chris West in the Magnolia Room to acquaint him with issues of importance to MaCCRA.

Collections Featured in Case



Collections are an important source for Case displays. The first exhibit of 2015 is an eye-catching one of Virginia Goodkind's black and white silhouettes shown with Carolyn and Rhett Murphy's and Penny Partlow's sparkling red, blue and green glass. The show will stay up until the end of March. If residents have collections they would loan for future exhibits, please call Nancy Boyce at 443-578-8327.

Newly Arrived Residents

Mary Sturm
Emily Mohr

W-1
B-12

Sew and So

Tuesday and Wednesday
10 a.m. to noon, Room 215

Religion at Broadmead

Friends Meeting for Worship

Sundays at 11 a.m.
Stony Run Board Room

Vespers

3rd Sunday every month
4:30 p.m. Main Lounge

February 15
Amy Schmaljohn
Gunpowder Friends Meeting

Bible Study

(sponsored by Woodbrook
Presbyterian Church)
Tuesdays 10 a.m. Seminar Room

Catholic Mass

(sponsored by St. Francis Xavier Church)
2nd Wednesday every month
10 a.m. Holly Terrace

IN MEMORIAM

Robert Shoemaker

February 21, 1939 December 31, 2014

Tom Nuttle

February 26, 1929 January 8, 2015

Margaret Finn

April 2, 1925 January 19, 2015

William Kilian

July 3, 1927 January 20, 2015

Moving Around Broadmead

	From	To
Helen Hodgson	Q-10	H-247
Suzanne Hopkins	C-12	T-306

Associate Editor Delights in Learning New Word

by Elborg Forster

Since I'm originally from Germany, learning a new word in English is for me an exciting adventure, like meeting a new person or going to a new place.

I learned my latest new word when the editor of the *Voice* made it clear that she despises the squiggle which stands for the word and does not want anyone to use it in this publication.

The word is *Ampersand*, and I encountered it in the context of printing, in a crowd of other printer's signs such as @, # or %. I soon found out that it is the word to designate "&," which appears like the others at the top of the qwerty keyboard and is an abbreviation for "and."

So far so good; but where did it get this odd name? Here is what I found out from *Wikipedia*:

The sign was originally formed when ancient Roman scribes, writing in cursive, linked together "e" and "t" to form the word *et*, which means *and*. In the 18th century in England "&" "became the twenty-seventh letter at the end of the alphabet. Children would recite "X Y Z and *per se* and." This was eventually slurred as "ampersand."

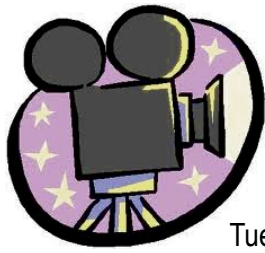
In the nineteenth century, some people thought the word had something to do with the French scientist Ampère, who used the sign liberally in his writings, but this etymology did not take.

I also learned that the ampersand can be written &c. to mean *et cetera* or *etc.* And it seems that an ampersand between two names (Johnson & Johnson, Barnes & Noble) is today used mostly for business names. After all, we do sign our letters, "Love, Bob and Elborg."

Looking up the ampersand on line showed me hundreds of ways in which this sign has been formed, and dozens of media that have been used to produce it, from metal, glass, bread dough and flower chains to tattoos.

Words are fun.

(Very interesting. But still keep the horrid "&" out of Voice copy. -- Editor)



Broadmead Movies

Auditorium at 7 p.m.

Tuesday movies selected by
Carol McCord. Saturday movies
by John DePrine and Bob Gist

Tuesday, February 3 Two for the Road (Albert Finney, Audrey Hepburn)

A married couple take a journey through the past and present hoping to figure out their future - together or apart.

1987 NR 112 minutes

Saturday, February 7 Danton (Gérard Depardieu)

Acting as a metaphor for the revolutionary events unfolding in 1980 Poland, this historical drama follows Danton and Robespierre, allies during the French revolution, who end up on opposite sides of the struggle, to control the country's future.

1983 PG-13 136 minutes

Tuesday, February 10 The Umbrellas of Cherbourg

(Catherine Deneuve, Nino Castelnuovo)

A beautiful umbrella-store clerk and a charming gas station attendant fall in love but their romance is cut short when the young man is drafted into the army.

1964 NR 129 minutes

Saturday, February 14 Walk in the Clouds (Keanu Reeves, Anthony Quinn)

Love becomes complicated when a returning WW II veteran is persuaded by a pregnant woman to pose as her husband.

1996 PG-13 102 minutes

Tuesday, February 17 The Good Heart (Brian Cox, Paul Dano)

A rough-edged owner of a New York bar realizes after his fifth heart attack that he's near the end of his life. Unable to face closing the bar, he turns it over to a homeless man to run.

2007 R 99 minutes

Saturday, February 21 The Sea Wolves (Gregory Peck, David Niven)

A band of retired veterans undertake the task of destroying three German ships docked off the coast of a neutral country.

1981 PG-13 120 minutes

Tuesday, February 24 The Lives of Others (Ulrich Muhe, Martina Gedeck)

In 1984 a secret agent is assigned to eavesdrop on a successful but possibly disloyal playwright in East Germany.

2006 R 138 minutes

Saturday, February 28 Vanity Fair (Reese Witherspoon, James Purefoy)

A lower class vixen, Becky Sharp, uses her good looks and considerable wit to climb the social ladder of the 1820s London.

2004 PG-13 141 minutes

Broadmead Play Readers

Wednesday, February 4
7 p.m. Auditorium

Oedi

by Rich Orloff

(a comedy based on Oedipus the King
by Sophocles)

Cast

Oedipus: King of Thebes	Bob Heaton
Tiresias: blind old seer	Bill Benson
Creon: Oedipus's advisor and brother-in-law	Bob Davies
Jocasta: Oedipus's wife (among other things)	Susie Fetter
Town Crier	Bob Daly

Writers Group

Do you like to discuss ideas and writing?
Come to the Writers Group
Fridays at 4 p.m. in the Seminar Room

VOICE OF THE RESIDENTS

Volume XXXVI No. 6 February, 2015

Published September through June by
the Broadmead Residents Association

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Leading the resident-run Qi Gong class, which meets Saturday mornings at 11, is Jim Crowder who shares the responsibility with Jean Wilson and Alma Smith. Participants shown here are, Alma at far left, and hidden behind Jim, Marcia Reinke and Jean. Others are Renate Meise, Alice Giles, Bob Forster, Sonia Blumenthal (seated), Gayle Blakeslee and Kitty Stierhoff. This class was held in the lounge, but it and all the other exercise classes move again to the lower level once the exercise equipment, temporarily there, is moved back to the renovated Wellness Center.

Photo by Erroll Hay